



Free Resource for Week 2
Relationships: Personal, Family and Business

Today, let's talk about Business: Customers and Partnership.

Customers.

In business, we may encounter customer relationships that have or will cause some amount of stress. And, also in business, we may find ourselves in partnerships which are not going well.

So let's do some EFT Tapping for these items.

[Make sure you take responsibility for your actions. Thus, stop if needed. And, if you first need/want to seek the advice of your mental/medical health professional, do so. This is provided merely as information.]

Customers.

When you say or think about the word, "customer," who or what comes up for you? Write down what's coming up for you below. And, make note of how strongly you feel about this on a scale of 0 (calmest) to 10 (most riled).

Then, form your own set-up statement, using the following sample as a starting guide:

Even though I feel _____ [insert emotion/feeling] about _____ [customer] when he/she/they _____ [insert situation], I deeply and completely love and accept myself.

So just start tapping. Do as many rounds as needed. Jot down whatever comes up for you on the backside of this worksheet. And take note of where you are on the 0 to 10 scale.



Another set-up statement sample for your convenience for today's topic: **Customers**.

Even though I feel _____ [insert emotion/feeling] about _____ [customer] when he/she/they _____ [insert situation], I deeply and completely love and accept myself.

Notes:

After completing these rounds of EFT Tapping for the theme of **Customers**, take a break! But, do take note of how you're feeling and where to continue in your next round.

Happy Tapping!
- The ITM Team



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Today, let's talk about Business: Customers and Partnership. *(continued)*

Partnership.

Are you in a business partnership with someone or a group of people? Is there a source of conflict? Do you feel stress about an aspect of your partnership?

So let's do some EFT Tapping for it.

[Make sure you take responsibility for your actions. Thus, stop if needed. And, if you first need/want to seek the advice of your mental/medical health professional, do so. This is provided merely as information.]

Partnership.

When you say or think about the word, "partnership," who or what comes up for you? Write down what's coming up for you below. And, make note of how strongly you feel about this on a scale of 0 (calmest) to 10 (most riled).

Then, form your own set-up statement, using the following sample as a starting guide:

Even though I feel _____ [insert emotion/feeling] about _____ [my business partner(s)] when he/she/they _____ [insert situation], I deeply and completely love and accept myself.

So just start tapping. Do as many rounds as needed. Jot down whatever comes up for you on the backside of this worksheet. And take note of where you are on the 0 to 10 scale.



Another set-up statement sample for your convenience for today’s topic: **Partnerships.**

Even though I feel _____ [insert emotion/feeling] about _____ [my business partner(s)] when he/she/they _____ [insert situation], I deeply and completely love and accept myself.

Notes:

After completing these rounds of EFT Tapping, take a break! But, do take note of how you’re feeling and where to continue in your next round.

Happy Tapping!
- The ITM Team